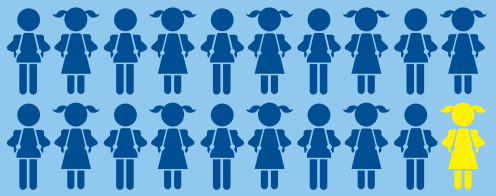
Could Your Child Be **Dizzy?**



1 in 20 (nearly 3.3 million) U.S. children have a dizziness or balance problem.[1]

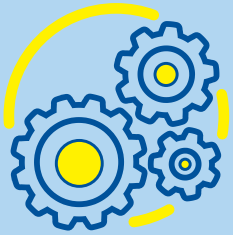
OTHER INDICATORS OF DIZZINESS OR BALANCE ISSUES

- Reading and/or math deficits,[5]
- Poor spatial and/or bodily awareness,[6]
- Poor attention,[7]
- Anxiety/depression,[8/9]
- Acute or chronic headache/ migraine.[10]

COMMON RISK FACTORS

Sensorineural Hearing Loss[2]

Children with hearing loss are **twice as** likely to have dizziness or balance problems.[1]



Delayed Gross Motor Milestones[3]

It can take children with **vestibular dysfunction 2 to 30 months** longer to meet gross motor milestones.

Chronic Ear Infections[4]

According to research, **balance function** is typically **poorer in the presence of ear infections**.

WHAT TO DO

Discuss a referral to an audiologist with your pediatrician.

Connect with an Audiologist Near You!

AMERICAN ACADEMY OF AUDIOLOGY

www.audiology.org

ENDNOTES

[1] Li CM, Hoffman JJ, War BK, et al. (2016) Epidemiology of dizziness and balance problems in children in the United States: A population-based study. *J Pediatr* 171:240–247.

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[6] Thomason, ME, Race E, Burrows B, Whitfield-Gabrieli S, Glover GH, Gabrieli JD. (2009) Development of spatial and verbal working memory capacity in the human brain. *J Cog Neurosci* 21(2):316–32. VEDA. The Human Balance System. Portland, OR: Author; 2016. Available at http://vestibular.org/understanding-vestibular-disorder/human-balance-system.

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[9] Ketola S, Havia M, Appelberg B, Kentala E. (2007) Depressive symptoms underestimated in vertiginous patients. *Otolaryngol Head Neck Surg* 137(2):312–315.

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